

Bawdsey Manor

25th-27th May 2022





<https://www.pgl.co.uk/en-gb/school-trips/primary-schools/centres/bawdsey-manor>



































Parent consent form

(to be retained by school – PGL do not require a copy)

IMPORTANT INFORMATION

Emergency details

Child's Full Name	_____
Full Postal Address	_____ _____ _____
Date of Birth	_____
Place of Birth	_____
Parent / Guardian's Full Name	_____
Day	_____
Evening	_____
Mobile	_____

Important Medical and Dietary Details

Name of Doctor	_____
Telephone Number	_____
Please give details of any medical conditions, allergies or current medication.	_____ _____ _____
Is your child allergic to any medication?	_____
If Yes please give details.	_____ _____
Please give details of any special dietary requirements	_____

Swimming Ability

Is your child able to swim 50 metres or more?	Yes / No
Is your child unable to swim 50 metres or more but is confident in water?	Yes / No
Is your child unable to swim?	Yes / No

Declaration

Notes:

- Medication is signed in to designated member of staff and then administered by them.
- Allergies- complete the form and this is then shared with the catering team at Bawdsey. Still no nut policy please.
- No mobile phones or devices
- Children do have some input into dorms but they find out when they get to Bawdsey
- Any concerns, worries and issues can be resolved before we go- please do not worry.

Please label all items.

No need for swimwear.

Children do need to bring own bedding/sleeping bag- any issues, please talk to us and we can help.

Activity	To Wear	Notes
All Rope Sessions (Abseiling, Climbing, Zip Wire, High Ropes, Trapeze, Jacob's Ladder, Giant Swing, Tree Top Trail, Vertical Challenge, Crate Challenge)	Tops that cover the shoulders Shorts may be worn but they must cover the thighs	
Archery	Close-fitting long sleeves or short sleeves	
Tunnel Trail	Long-sleeved tops & long trousers/leggings	Possibility of getting dirty
Low Level Ropes, Challenge Course & Sensory Trail	Long trousers/leggings	Possibility of getting dirty
Fencing	Long trousers/leggings	
Water-Based Activities	Old, warm clothing Fleeces Layers Glasses retainer Swimwear (not essential)	Avoid jeans and heavy cotton as these provide no insulating properties All children to bring a bag containing dry shoes, jumper, T-shirt, towel, wash kit, trousers and underwear
Mountain Biking	Tops that cover the shoulders Shorts may be worn but they must cover the thighs	Avoid loose clothing
Quad Biking	Long trousers, long sleeves & socks that cover the ankles	Any removable mouth braces must be taken out
Problem Solving, Orienteering & Survivor	Walking boots if you have them (not essential) or trainers	
Aeroball	Socks must be worn Loose-fitting clothing, or clothing that allows for movement Shorts may be worn but they must cover the thighs	